

APPETIZERS

春卷 RAINBOW EGG ROLLS (2)	4
小拼盤 APPETIZER COMBO 2 egg rolls, 4 cream cheese wontons, & 4 chicken wings	10
本樓炒手 SZECHUAN WONTONS (10) 🔥	10
椒鹽鮮魷 5-SPICE CALAMARI 🍷🔥	11
担担麵 SESAME NOODLES 🍷🔥 served warm or cold - contains peanuts	7
芝士雲吞 CREAM CHEESE WONTONS (10) 🍷	6
with a touch of peanut butter	
鍋貼 STEAMED OR PAN-FRIED PORK DUMPLINGS (6)	7
素水餃 STEAMED OR PAN-FRIED VEGETABLE DUMPLINGS (6) 🍷	7
麻辣豆腐 TOFU WITH FRESH CILANTRO SALAD 🍷🔥 served cold	7
炸雞翼 CHICKEN WINGS (8) 🍷	8
排骨 SZECHUAN CHOPPED RIBS 🔥	8
大千雞翼 TACHIEN WINGS (8) 🔥 stir fried with scallions & hoisin sauce	9
CHIU CHAO STYLE RICE FLOUR CAKE PAN FRIED WITH EGGS & SCALLIONS	
煎糕 RICE CAKE 🍷	10
蘿蔔糕 TURNIP CAKE 🍷	10
芋頭糕 TARO CAKE 🍷	10

SOUPS

酸辣湯 HOT & SOUR SOUP 🔥	3 / 7
雞麵湯 CHICKEN NOODLE SOUP	3 / 7
什菜湯 VEGETABLE SOUP 🍷	3 / 7
雲吞湯 WONTON SOUP	3 / 7
紫菜豆腐湯 TOFU SEAWEED SOUP 🍷	7
時菜湯 RAINBOW SEASONAL SOUP	3 / 7

BIG BOWL NOODLE SOUP

大碗湯麵

Served with chives, bean sprouts, scallions & carmalized onions

*CHOICE OF MEIN, RICE STICK, OR MAI FUN NOODLES.

潮州粉麵 CHIU CHAO RICE STICK & MEIN	9
shrimp, squid, fish cake & pork	
海鮮粉 CHIU CHAO SEAFOOD 🍷	9
shrimp, squid & fish cake	
鮮蝦叉燒麵 SHRIMP & PORK	8
雞片菠菜粉 CHICKEN & SPINACH 🍷	7
雲吞麵 WONTON	7
火鴨麵 1/4 ROASTED DUCK	8
叉燒麵 BBQ PORK	7
魚餅粉 FISH CAKE 🍷	7
五香牛腩麵 BRAISED BEEF	8
西蘭雪豆粉 BROCCOLI & PEAPOD 🍷	7
素菜米粉 MIXED VEGETABLE 🍷	7
豆腐鹹菜粉 FRIED TOFU WITH PICKLED MUSTARD GREENS 🍷	7

TRY ADDING THESE TO YOUR SOUP:

香菜 CILANTRO	1	蘆筍 ASPARAGUS	3
萵菜 CHIVES	2	叉燒 BBQ PORK	3
九層塔 BASIL	2	雲吞 WONTONS (4)	3
鹹菜 PICKLED MUSTARD GREENS	2	大鮮菇 PORTOBELLO MUSHROOMS	3
芥蘭 GAI-LAN	2	魚片 FISH CAKE	3
菠菜 SPINACH	2	炸或蒸豆腐 FRIED OR STEAMED TOFU	3
什菜 MIXED VEGETABLES	2	火鴨 1/4 ROASTED DUCK	4
鮮菇 MUSHROOMS	2	五香牛腩 BRAISED BEEF	4
大粉 BIG FUN NOODLES	2	大蝦 SHRIMP (4)	5

🔥 = Spicy 🍷 = Vegetarian 🍷 = Gluten Free

FRIED RICE

Stir fried with eggs, onions, & bean sprouts 飯

雞炒飯 CHICKEN FRIED RICE	8
叉燒炒飯 PORK FRIED RICE	8
牛肉炒飯 BEEF FRIED RICE	9
蝦仁炒飯 SHRIMP FRIED RICE	10
齋鴨炒飯 MOCK DUCK FRIED RICE 🍷	8
什菜炒飯 VEGETABLE FRIED RICE 🍷🍷	8
peas, carrots, bamboo shoot, & mushroom	
本樓炒飯 RAINBOW FRIED RICE 🍷	10
pork, shrimp, onions, peas & carrots	
咖喱豆腐炒飯 CURRY TOFU VEGETABLE FRIED RICE 🍷🍷	8
prepared without eggs	
什會炒飯 ASSORTED MEAT FRIED RICE	10
beef, pork, & chicken	

HOUSE SPECIAL: PAN-FRIED NOODLES

湯

HONG KONG STYLE NOODLES

Stir fry served over pan fried Mein (thin egg noodles)
or Fun (wide rice noodles)

鼓椒雞粉 CHICKEN WITH BLACK BEAN SAUCE FUN 🔥	13
chicken, bell peppers, & onions	
鼓椒素粉 MIXED VEGETABLES W/ BLACK BEAN SAUCE FUN 🍷🔥	13
broccoli, celery, carrots, baby corn, mushrooms, bamboo shoots, & bell peppers	
豆腐西蘭麵 FRIED TOFU & BROCCOLI MEIN 🍷	13
牛肉芥蘭粉 BEEF & GAI-LAN FUN	13
什會芥蘭麵 ASSORTED MEAT & GAI-LAN MEIN	15
beef, pork, & chicken	
海鮮芥蘭粉 SEAFOOD & GAI-LAN FUN 🍷	16
scallop, shrimp, fish cake, & squid	

CHOW FUN

Wide rice noodles stir fried with bean sprouts
& scallions

雞炒河粉 CHICKEN CHOW FUN	13
叉燒炒河粉 PORK CHOW FUN	13
干炒牛河粉 BEEF CHOW FUN	13
齋鴨炒河粉 MOCK DUCK CHOW FUN 🍷	13
雪豆大菇炒河粉 PEA POD & PORTOBELLO MUSHROOM CHOW FUN 🍷	13

LO MEIN

Round wheat noodles stir fried with celery, carrots, bean sprouts, baby corn, & scallions

素撈麵 VEGETABLE LO MEIN 🍷	12
雞撈麵 CHICKEN LO MEIN	12
叉燒撈麵 PORK LO MEIN	12
牛肉撈麵 BEEF LO MEIN	12
蝦仁撈麵 SHRIMP LO MEIN	13
什錦撈麵 SUBGUM LO MEIN	13
BBQ pork & baby shrimp	

CHOW MAI FUN

Stir fried rice vermicelli with onions, bean sprouts,
egg & scallions

星洲炒米粉 SINGAPORE CHOW MAI FUN 🍷🔥	14
pork & shrimp with a touch of curry	
齋炒米粉 JAI MAI FUN 🍷🍷	12
peapods, carrots, nappa, broccoli	
雞炒米粉 CHICKEN MAI FUN 🍷🔥	13

HOR FUN

Thin rice noodles stir fried with bean sprouts,
chives, & bell peppers

雞炒裸條 CHICKEN HOR FUN	13
叉燒炒裸條 CHINESE BBQ PORK HOR FUN	13
蝦仁炒裸條 SHRIMP HOR FUN	13
with baby shrimp	

PORK

豬

麻婆豆腐 MA-PO TOFU 🔥	12
ground pork, diced tofu, peas, & carrots stir fried in a spicy bean sauce	
京醬肉片 SPICY PORK WITH CILANTRO 🔥	13
thinly sliced pork & cilantro in a spicy minced bean sauce	
叉燒豆腐 PORK WITH FRIED TOFU	13
roasted pork, fried tofu, peapods, carrot, mushrooms, bamboo shoots, & onions	
回鍋肉 DOUBLE SAUTEED SLICED PORK 🔥	12
Chinese BBQ pork with cabbage, mushrooms, bell peppers, baby corn, water chestnuts, & carrots	
木須肉 MOO SHU PORK WITH CHINESE CREPES	12
shredded pork, cabbage, & bamboo shoots stir fried with scallions & tree mushrooms, served with four crepes & hoisin sauce	

CHICKEN

雞

酸枳雞 CHICKEN WITH TAMARIND SAUCE	🌶️🔥	12
chicken with hot peppers, peapods, & onions in a tamarind sauce		
川椒雞 SZECHUAN SPICED PEPPER CHICKEN	🔥	12
chicken, bell peppers, & onions with a spicy peppercorn flavor		
芝麻雞 SESAME CHICKEN	🔥	12
lightly breaded chicken, fried until crisp then toss fried with bean sprouts, tree mushrooms, water chestnuts, & scallions		
三果雞 CHICKEN WITH NUTS		13
chicken with peanuts, cashews, peas, carrots, diced water chestnuts, & bamboo shoots, garnished with honey glazed walnuts		
湖南雞 HUNAN CHICKEN	🔥	12
chicken with broccoli, carrots, mushrooms, baby corn, bamboo shoots, & bell peppers in a spicy sauce		
咖喱雞 CURRY CHICKEN	🌶️🔥	12
chicken with onions, bamboo shoots, & peapods in a spicy yellow curry & coconut milk sauce		
宮保雞 KUNG PAO CHICKEN	🔥	12
chicken with water chestnuts, bell peppers, onions, roasted peanuts, & dried red peppers		
香芒雞 MANGO CHICKEN (SERVED IN SEASON)	🌶️	12
chicken with mangoes, carrots, & scallions		
蘆筍雞 SATE CHICKEN ASPARAGUS	🔥	13
chicken w/asparagus, onions, carrots, baby corn in spicy sate sauce		
香茅雞 LEMON GRASS CHICKEN	🌶️🔥	12
chicken with bell peppers, peapods, onions, & lemon grass		
左宗雞 GENERAL TSO'S CHICKEN	🔥	12
lightly breaded chicken with celery, carrots & onion in a spicy, tangy sauce		
磨菇雞片 MOO GOO GAI PAN	🌶️	12
chicken with peapods, broccoli, baby corn, water chestnuts, mushrooms, & carrots		
辣腰果雞 CHICKEN WITH CASHEW NUTS & BASIL	🔥	13
chicken with cashews, basil, bell peppers, & onions		
FISH		
豉汁炸批魚 WHOLE FRIED WALLEYE PIKE WITH BLACK BEAN SAUCE	🔥	(market price)
清蒸批魚 WHOLE STEAMED WALLEYE PIKE WITH GINGER SCALLION SAUCE		(market price)
炸非洲側魚 FRIED TILAPIA	🌶️🔥	21
fried tilapia in a spicy tamarind pork sauce		
季節時魚 SEASONAL FISH SELECTION		(market price)

SEAFOOD

海鮮

合桃蝦 HONEY WALNUT SHRIMP	🌶️	16
lightly battered shrimp in a rich cream sauce & topped with honey glazed walnuts		
辣腰果干貝 SCALLOP WITH CASHEW NUT & BASIL	🔥	17
scallops with cashews, basil, onions, & bell pepper		
鼓椒蝦 SHRIMP WITH BLACK BEAN SAUCE	🔥	16
shrimp with bell peppers & onions in a spicy black bean sauce		
鹹菜魷魚 SQUID & MUSTARD GREEN WITH BLACK BEAN SAUCE	🔥	15
芥蘭魷魚 SQUID WITH GAI-LAN	🌶️	15
川椒蝦 SZECHUAN SPICED PEPPER SHRIMP	🔥	16
shrimp, bell peppers & onions with a spicy peppercorn flavor		
椒鹽干貝 SCALLOP WITH GINGER, SCALLIONS, & DRIED RED PEPPER	🌶️🔥	17
雪豆蝦 SHRIMP WITH SNOW PEAPOD	🌶️	16
shrimp with peapods, carrots, bamboo shoots, & water chestnuts		
咖喱炸蝦 SHRIMP & BROCCOLI IN CURRY SAUCE	🌶️🔥	16
spicy red curry sauce over a bed of battered shrimp & steamed crown broccoli		
酸枳蝦 SHRIMP WITH TAMARIND SAUCE	🌶️🔥	16
shrimp, hot peppers, peapods, & onions in a tamarind sauce		

DUCK

鴨

薑蔥鴨片 DUCK WITH GINGER ROOT	🔥	15
slices of boneless duck breast stir fried with pickled ginger root, bamboo shoots, black mushrooms, & green onions		
時菜鴨片 DUCK WITH MIXED VEGETABLES		15
slices of boneless duck stir fried with peapods, carrots, onions, & broccoli		
鹹菜鴨片 DUCK WITH MUSTARD GREEN		15
slices of boneless duck stir fried with pickled mustard greens, peapods, & tree mushrooms		
燒鴨 ONE-HALF ROASTED DUCK		14
served chopped in small pieces with bone & dressed with duck sauce		

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BEEF

牛

沙茶牛 SATE SUMMER BEEF	🔥	13
sliced beef sauteed in a spicy sate sauce with onions, served over a bed of steamed nappa cabbage & peapods		
四季豆牛 BEEF WITH GREEN BEANS		13
芥蘭牛 BEEF WITH GAI-LAN		13
雪豆牛 BEEF WITH SNOW PEAPOD		13
beef with peapods, carrots, bamboo shoots, & water chestnuts		
薑蔥牛 BEEF WITH GINGER ROOT	🔥	13
beef with pickled ginger root, bamboo shoots, black mushrooms, & scallions		
西蘭牛 BEEF WITH BROCCOLI		13
蒙古牛 MONGOLIAN BEEF		13
beef with fresh scallions		
湖南三樣 HUNAN TRIPLE CROWN	🔥	16
shrimp, chicken, & beef with broccoli, carrots, mushrooms, baby corn, bamboo shoots, & bell peppers in a spicy sauce		

VEGETABLES

菜

蠔油芥蘭 GAI-LAN WITH OYSTER SAUCE		8
blanched gai-lan (Chinese broccoli) topped with toasted onions & oyster sauce		
干扁四季豆 DRY SAUTEED GREEN BEANS	🌿	9
green beans sauteed with garlic & bits of preserved cabbage		
鼓椒素豆腐 FRIED TOFU WITH MIXED VEGETABLES IN BLACK BEAN SAUCE	🌿🔥	12
fried tofu with broccoli, carrots, celery, baby corn, mushrooms, bamboo shoots, & bell peppers in a spicy black bean sauce		
炒鮮菇菠菜 SPINACH WITH GARLIC SAUTEED PORTOBELLO MUSHROOMS	🌿	12
蠔油三菇 MUSHROOMS OVER STEAMED TOFU	🌿🔥	12
sauteed portobello, button, & black mushrooms over a bed of steamed tofu		
魚香茄子 CHINESE EGGPLANT WITH GARLIC SAUCE	🌿🔥	12
eggplant, bell peppers, & onions in spicy garlic sauce		
咖喱齋鴨 CURRY MOCK DUCK WITH BROCCOLI	🌿🔥	12
炒鮮菇豆腐萹菜 FRIED TOFU WITH PORTOBELLO MUSHROOM, BEAN SPROUT, & CHIVES	🌿	12
魚香什菜 VEGETABLES IN GARLIC GINGER SAUCE	🌿🔥	12
peapods, broccoli, nappa cabbage, carrots, & onions in a spicy, tangy tomato sauce		

TAKE-OUT MENU



RAINBOW CHINESE
RESTAURANT & BAR
rainbowchinese.com

(612) 870-7084

2739 NICOLLET AVENUE,
MINNEAPOLIS, MN 55408

MON - THUR: 11:00AM - 2:00PM
4:30PM - 9:30PM

FRIDAY: 11:00AM - 2:00PM
4:30PM - 11:00PM

SATURDAY: 11:00AM - 11:00PM

SUNDAY: 11:00AM - 9:30PM

ON & OFF SITE CATERING AVAILABLE.
PRIVATE ROOM AVAILABLE FOR EVENTS & PARTIES.

Sorry, no checks accepted.